Tricuspid Valve Endocarditis in an Intravenous Drug Abuser: A Case Report

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ABSTRACT

Recently, there have been more reports of cardiac valve infections due to the increasing number of intravenous (IV) drug abusers and chronic renal failure patients. Among cardiac valves, tricuspid valve is most commonly affected in the course of endocarditis. Appropriate management of these patients is a challenging and controversial issue in the field of cardiac surgery. Treatment options in such cases include IV antibiotics, surgical excision alone, and surgical excision with the re-implantation of prosthetic valve. In this study, we present a case of tricuspid valve endocarditis (TVE), confirmed by echocardiography, in a young IV drug abuser. Tricuspid valve replacement was performed by using a biological prosthesis with remarkable results in the early and long-term follow-up of the patient.

Introduction

Within the past two decades, there have been more reports of cardiac valve infections, especially due to the increasing number of intravenous (IV) drug abusers. In addition, patients with chronic indwelling catheter for hemodialysis and chemotherapy and those with permanent endocardial pacing lead are most susceptible to this type of infection. In cases of cardiac valve endocarditis in IV drug abusers, the tricuspid valve is most commonly affected, resulting in tricuspid valve regurgitation (1).

The presentations of tricuspid valve endocarditis (TVE) include fever, symptoms of right-sided heart failure, peripheral edema, hepatomegaly, and ascites. The diagnosis of TVE is normally confirmed by transthoracic and transesophageal echocardiography. Most cases of Tricuspid Valve Endocarditis are young patients with long history of IV drug abusers. In case of tricuspid valve endocarditis, indications for surgical intervention consist of vegetation larger than 10 mm, persistent sepsis despite 6 weeks of appropriate IV antibiotic therapy, presence of signs and symptoms of right-sided heart failure, and recurrent embolic episodes. The initial treatment involves administration of IV antibiotics based on blood culture sampling (2, 3).

Despite various treatment options for the management of TVE, such as surgical interventions, the optimal treatment is still debatable (4, 5).

Case Report

A 24-year-old man with a history of IV drug abuse and positive for hepatitis C was referred to our hospital for further examinations. In the physical examination of the patient, he showed signs and symptoms of right-sided heart failure, especially with edema on the extremities without ascites. According to the transthoracic echocardiography examination of the patient, the tricuspid valve was affected by infective endocarditis with signs of severe valvular regurgitation. In addition, a large vegetation
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The optimal management of TVE is still a controversial issue. According to the literature, there are certain indications for surgical intervention including: persistent or recurrent infection despite appropriate antibiotic therapy, right-sided heart failure, and large mobile vegetation. The surgical intervention could involve valve excision only or tricuspid valve replacement (6-8).

Each of the proposed strategies in this regard has particular advantages, as well as certain shortcomings. Some surgeons have recently trialed to repair the tricuspid valve in selected cases of TVE. Nowadays, valve excision is not advocated by many medical experts, since surgical valve excision alone without replacing the valve could not be easily tolerated by many patients causing severe right-sided heart failure and the probable need for future surgery (8).

Although the gold standard procedure for TVE is tricuspid valve replacement, this procedure requires lifelong anticoagulation therapy. Moreover, it involves the risk of recurrent infections of the prosthetic valve. For this reason, some surgeons have recently used tricuspid valve repair method in cases of TVE. However, it should be pointed out that the repair technique could be only used in the selected cases of TVE (8-10).

Drug avoidance after surgery in addict patients is the key to the successful management of TVE. Overall, the patient prognosis, either by tricuspid valve repair or tricuspid valve replacement, is a viable option with a low risk of recurrent infections, especially in non-intravenous drug users.

Conclusion

Tricuspid Valve Replacement for tricuspid valve endocarditis in IV drug Abusers is a safe procedure with good outcome.

Conflict of Interests

The authors declare no conflict of interest.

References

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